

City Core Therapeutic Massage & Neuromuscular Centre

Confidential Case History

NAME: _____ DATE: _____
ADDRESS: _____ HOME PHONE: _____
CITY: _____ MOBILE NO. _____
POSTAL CODE: _____ EMAIL _____
OCCUPATION: _____

🕒 **PRESENT SYMPTON:** What is your major complaint ? _____

🕒 **MINOR COMPLAINT:** Other areas of pain and concern ? _____

When did you notice your major complaint? _____

Was it sudden onset () gradual onset () _____

What brought it on? _____

What activities aggravate the condition ? _____

Is this condition getting progressively worse ? Yes () No () Constant () or comes and goes () _____

Is this condition interfering with your : Work () Sleep () Daily Routine () Social Activities () Exercise () _____

What have you done to get relief ? (Over the counter Meds, Prescription Meds, Physio, Chiro, Heat, Cold) _____

Have you had a similar problem in the before ? _____ If yes, when? _____

Briefly list and date any previous injuries (childhood, sports, MVA, sprains, fractures, surgery, etc) and or illnesses. _____

Please list all medications you are presently taking. _____

Do you exercise regularly ? _____ If yes, list type of exercise(s) and frequency done _____

(Over)

Please check () if you had any of the following conditions:
Please underline any currently affecting you

() Headache	() shortness of Breath	() Backache : low/mid/upper
() Arthritis	() Chest Pains	() Disc Problems
() Numbness, Tingling	() Fatigue	() HIV pos. / Aids
() High Blood Pressure	() Dizziness	() Respiratory disease
() Heart Disease	() Diabetes	() Stomach Problems
() Varicose Veins	() Muscle Spasms	() Cold Hands or Feet
() Atherosclerosis	() Painful Joints	() Epilepsy
() Osteoporosis	() Swollen Joints	() Insomnia
() Surgical Implants	() Bruise easily	() Pregnancy
() Hepatitis, type:	() Skin Infections	() Depression
() Cancer	() Allergies:	() Other

PREVIOUS MASSAGE THERAPY VISITS THIS YEAR No. _____

HOW DID YOU HEAR ABOUT US ? MD () FRIEND /RELATIVE () SOCIAL MEDIA () MY OWN WEBSITE ()

P.H.N. _____ SURNAME : _____ NAME : _____

Birth Date : M./ D./ YR./ _____

Referring Dr. _____ Phone No. _____

Physio/Chiro _____ Phone No. _____

ICBC/WCB Claim No. _____

ICBC/WCB Adjuster _____ Phone No. _____

Client Responsibilities

24 hrs notice is required for changing or cancelling appointments , otherwise the full appointment fee will be charged. Missed appointments are subject to full appointment fee

In the event of non-payment by an insuring agency (MSP,ICBC) the client is responsible for complete cost of their treatment , according to the current fee schedule.

SIGNATURE _____ **Date : M./ D./ YR./** _____